



SAGA TAEKWONDO ***CHAMPIONSHIP*** ***2026***

12 - 13 September 2026
Kompleks Komuniti Muhibbah Kuala Lumpur

CHAMPIONSHIP OUTLINE

1. Championship Name

Saga Taekwondo Championship 2026

2. Championship Date

12-13 September 2026

3. Championship Venue

Kompleks Komuniti Muhibbah, Kuala Lumpur

4. Organized by

Saga Taekwondo Centre

5. Sanctioned by

Taekwondo Malaysia (WTF)

6. Qualification for Participation

General Qualification	Members of Taekwondo Malaysia (WTF) and their members.	
Event Qualification		
Kyorugi	Poomsae	Virtual
Green belt (Grade 6) and above	Grade 9 and above	Grade 8 and above

7. Events Contested

Kyorugi

No		Super Cadet	Cadet	Junior	Open
	Age Group	9-11	12-14	15-17	18 above
1	Method of Contest	Best of 3	Best of 3	Best of 3	Best of 3
2	Round Duration	90 seconds	90 seconds	120 seconds	120 seconds
3	Rest	60 seconds	60 seconds	60 seconds	60 seconds

Please take note:

1. Green and Blue Belt (Grade 6, Grade 5, Grade 4 & 3) will be classified as beginner with no head kick.
2. Red and Black (Grade 2 and above) will be classified as professional with full contact.

KYORUGI WEIGHT CATEGORIES

CATEGORY - SUPER CADET (9 – 11 YEARS)

MALE		FEMALE	
FIN	BELOW 20KG	FIN	BELOW 18KG
FLY	20KG – 23KG	FLY	18KG – 21KG
BANTAM	23KG – 26KG	BANTAM	21KG – 24KG
FEATHER	26KG – 29KG	FEATHER	24KG – 27KG
LIGHT	29KG – 32KG	LIGHT	27KG – 30KG
WELTER	32KG – 36KG	WELTER	30KG – 34KG
MIDDLE	36KG – 40KG	MIDDLE	34KG – 38KG
HEAVY	40KG & ABOVE	HEAVY	38KG & ABOVE

CATEGORY - CADET (12 – 14 YEARS)

MALE		FEMALE	
FIN	BELOW 33KG	FIN	BELOW 29KG
FLY	33KG – 37KG	FLY	29KG – 33KG
BANTAM	37KG – 41KG	BANTAM	33KG – 37KG
FEATHER	41KG – 45KG	FEATHER	37KG – 41KG
LIGHT	45KG – 49KG	LIGHT	41KG – 44KG
WELTER	49KG – 53KG	WELTER	44KG – 47KG
LIGHT MIDDLE	53KG – 57KG	LIGHT MIDDLE	47KG – 51KG
MIDDLE	57KG – 61KG	MIDDLE	51KG – 55KG
LIGHT HEAVY	61KG – 65KG	LIGHT HEAVY	55KG – 59KG
HEAVY	65KG & ABOVE	HEAVY	59KG & ABOVE

JUNIOR (15 – 17 YEARS)

MALE		FEMALE	
FIN	BELOW 45KG	FIN	BELOW 42KG
FLY	45KG – 48KG	FLY	42KG – 44KG
BANTAM	48KG – 51KG	BANTAM	44KG – 46KG
FEATHER	51KG – 55KG	FEATHER	46KG – 49KG
LIGHT	55KG – 59KG	LIGHT	49KG – 52KG
WELTER	59KG – 63KG	WELTER	52KG – 55KG
LIGHT MIDDLE	63KG – 68KG	LIGHT MIDDLE	55KG – 59KG
MIDDLE	68KG – 73KG	MIDDLE	59KG – 63KG
LIGHT HEAVY	73KG – 78KG	LIGHT HEAVY	63KG – 68KG
HEAVY	78KG & ABOVE	HEAVY	68KG & ABOVE

OPEN (18 YEARS & ABOVE)

MALE		FEMALE	
FIN	BELOW 54KG	FIN	BELOW 46KG
FLY	54KG – 58KG	FLY	46KG – 49KG
BANTAM	58KG – 63KG	BANTAM	49KG – 53KG
FEATHER	63KG – 68KG	FEATHER	53KG – 57KG
LIGHT	68KG – 74KG	LIGHT	57KG – 62KG
WELTER	74KG – 80KG	WELTER	62KG – 67KG
MIDDLE	80KG – 87KG	MIDDLE	67KG – 73KG
HEAVY	87KG & ABOVE	HEAVY	73KG & ABOVE

POOMSAE

INDIVIDUAL		
Under 6 years 6-8 years old 9-11 years old 12-14 years old 15-17 years old 18-30 years old Above 30 years old	WHITE & YELLOW	TAEKGUK 1
	GREEN BELT	TAEKGUK 3
	BLUE BELT	TAEGUK 5
	RED BELT	TAEGUK 7
	BLACK BELT	KORYO

Poomsae shall be carnival with four (4) participants in a category but following PK System

Virtual Taekwondo (Mix Gender)

No		Novice	Super Cadet	Cadet	Junior	Open
1	Age Group	7-8	9-11	12-14	15-17	18 above
2	Method of Contest	1 round	1 round	1 round	1 round	1 round
3	Round Duration	60 seconds	60 seconds	60 seconds	60 seconds	60 seconds

8. Competition Officials

CSB Member to appointed by Taekwondo Malaysia (WTF) whereas all other technical officials to be appointed by the organizer.

9. Awards

Kyorugi : First, Second and joint 3 place
Poomsae : First, Second and joint 3 place
Virtual: First, Second and joint 3 place

10. Indemnities

Participants and teams shall be responsible for ensuring that all participation forms are properly completed and submitted, thereby indemnifying Taekwondo Malaysia (WT), Saga Taekwondo Centre, the sponsors, the organizing committee, its officials, and other competitors from any claims, whether for injuries, losses, fatalities, or otherwise, that may arise during their participation in these championships.

All participants must have the consent form signed by their parents / guardians.

11. Accommodation and Transportation

Shall be arranged by the participants

12. Participation Fee

Kyorugi

RM 60.00 per participant.

RM 20.00 PSS System

Poomsae

Individual RM 60 per person

Virtual Taekwondo

RM 60.00 per participant.

RM 20.00 VR TKD System

13. Protective Apparel

Approved shin and forearm guards, clear mouth guards & groin guards are compulsory. Exponents are compulsory to use hand gloves. Head Gear, Vest, and Electronic Socks (E-Socks) will be provided by the organizer.

14. Protest Fee

RM 200

15. Registration 4 September 2026

Link:

Whatsapp Link: <https://chat.whatsapp.com/Dxj77PMHFR11wCzftfgldG>

16. Enquiries

Mr Gopi Gopala Krishnan - 013 593 7248

Ms Soo Xi Yi – 016 567 7016

COMPETITION TENTATIVE SCHEDULE

Date	Event	Venue
12 September 2026	Poomsae Virtual	Kompleks Komuniti Muhibbah, Kuala Lumpur
13 September 2026	Kyorugi	