



PTGK
Persatuan Taekwondo Gabungan
Negeri Kedah



KEJOHANAN TAEKWONDO TERBUKA PTGK BERSAMA KELAB TAEKWONDO VISION 2026

26 & 27

SEPTEMBER 2026



**DEWAN HOCK TEIK SOO
SUNGAI LALANG**

ORGANIZER :

**PERSATUAN TAEKWONDO
GABUNGAN
NEGERI KEDAH**

IN COLLABORATION WITH :

**VISION
TAEKWONDO CLUB**



1.	DATE	26 & 27 SEPTEMBER 2026
2	VENUE	HOCK TEIK SOO HALL SUNGAI LALANG, KEDAH
3.	ORGANISER	PERSATUAN TAEKWONDO GABUNGAN NEGERI KEDAH (PTGK) IN COLLABORATION WITH VISION TAEKWONDOCLUB
4	QUALIFICATION FOR PARTICIPATION	All members registered with Taekwondo Malaysia (TM) For Kyorugi - Green belt (6 grade) and above For Poomsae - Yellow belt (8grade) and above For VR - Yellow belt (8 th Grade) and above Team Sparring
5	COMPETITION RULES	WT Competition Rules with approved modifications
6	METHOD OFCONTEST	SPARRING EVENT: (PSS Scoring System) Only kicking to Body (GREEN BELT TO RED BELT) (JUNIOR) A) Age Group: 9 – 11 Years (Super Cadet) (1 min 30 second x 3 rounds x 1min rest) B) Age Group: 12 – 14 Years (Cadet) (1 min 30 second x 3 rounds x 1min rest) C) Age Group: 15 – 17 Years (Junior) (2 mins x 3 rounds x 1min rest)

**Full Contact Knock-Out Sparring System (Best of 3)
(BLUE BELT AND ABOVE)
(SENIOR CATEGORY)**

A) Age Group: 9 – 11 Years (Super Cadet)
(1 min 30 second x 3 rounds x 1min rest)

B) Age Group: 12 – 14 Years (Cadet)
(1 min 30 second x 3 rounds x 1min rest)

C) Age Group: 15 – 17 Years (Junior)
(2 mins x 3 rounds x 1min rest)

D) Open Category – 17 Years above
(2 mins x 3 rounds x 1min rest)

**POOMSAE EVENT: CARNIVAL
INDIVIDUAL**

INDIVIDUAL (MALE & FEMALE)	MALE PAIR FEMALE PAIR MIX PAIR	TEAM
6 - 8 years carnival	9 – 11 years	9 – 11 years
9 - 11 years carnival	12 – 14 years	12 – 14 years
9 - 11 years	15 – 17 years	15 – 17 years
12 – 14 years	18 - 30 years	18 – 30 years
15 – 17 years	31 and above	31 and above
18 - 30 years		
31 – 40 years		
41 – 50 years		
51 – 60 years		
61 and above		

VIRTUAL EVENT: MALE & FEMALE CARNIVAL

YELLOW BELTS (8TH GRADE) AND ABOVE

- a) 9 -11 Years
- b) 12 - 14 Years
- c) 15 - 17 Years
- d) 16 - 35 Years
- e) Above 36 Years

7	NUMBER OF PARTICIPATION	Each team can register any number of participants in the same weight category.
8	DISCIPLINE	All officials and participants should strictly observe the decorum of TM (WTF) and the rules & regulations of competition. Only TM/WTF approved attire / uniform is allowed and please make sure there is TM badge on it.
9	AWARDPRESENTATION	i. Medals and achievement certificate will be awarded to the winners of each weight category - 1 gold x 1 silver x 2 bronze medals ii. Trophies will be awarded for Kyorugi, Poomsae and VR Event Champion, 1st Runner Up and 2nd Runner Up ii. Participation certificate will be awarded to every participant.
10	IDEMNITIES	It shall be responsibility of the participants from the respective schools or clubs to have already validly completed the participation forms with copies of NRIC or birth certificates and have them signed indemnifying the Organizing Committee, its officials and other participants from any claims of injuries, losses, fatal or otherwise arising in the course of participation in this championships or any other activities therefore. All participants must have the consent form signed by their parents / guardians. It shall be the responsibility of the respective teams to ensure that participants and officials are covered with insurance coverage. (The responsibility to be undertaken by their own club / Team Manager & Coach)

11	PARTICIPATIONFEE	SPARRING EVENT: RM60 participant fee and RM20 PSS System (per Participant) Team Sparring: RM240 participant fees POOMSAE EVENT: RM 60.00 per participant (poomsae individual) RM 120.00 (poomsae pair & mixed pair) RM 180.00 (Poomsae Team Event) VIRTUAL EVENT: RM 80.00 (VR) PAYMENT CAN BE MADE TO: AMBank : 8881033650008 SIVA VISION TAEKWONDO
12	PROTEST FEE	RM 200
13	PROTECTIVE APPARELS	i. The Organizer will only provide protective Equipment for full PSS. (Head Guard, Body West and Leg Sensor Socks) ii. Approved soft protective forearm guards, shin guards, mouth Guards & groin guards are COMPULSORY in the sparring event and To the borne by the participant.
14	ACCOMMODATION	Own arrangement by respective clubs / team
15	WEIGH-IN	To be done in the competition venue Official weigh-in: 3.00 pm -7.00 pm 25 September 2026 (DEWANHOOKTEIKSOO SUNGAI LALANG KEDAH)
16	CLOSING DATEFOR ENTRIES	Entries will close at 5.00 pm, 20 SEPTEMBER 2026. Teams are also advised that there will be no refunds should there be any cancellations/ withdrawals/ disqualifications
17	ENQUIRIES	For further information and enquiries, contact MASTERSIVAKUMAR /SRIDHARAN 016-5410360 011-21609569

WEIGHT CATEGORY

CATEGORY AGE 9-11 YEARS (NOVICE JUNIOR – GREEN BELT ONLY) (SENIOR – BLUE BELT ABOVE)			
NO	CATEGORIES	MALE (KG)	FEMALE (KG)
1	FIN	BELOW 20 KG	BELOW 18 KG
2	FLY	20.01-23 kg	18.01-21 kg
3	BANTAM	23.01-26 kg	21.01-24 kg
4	FEATHER	26.01-29 kg	24.01-27 kg
5	LIGHT	29.01-32 kg	27.01-30 kg
6	WELTER	32.01-36 kg	30.01-34 kg
7	MIDDLE	36.01-40 kg	34.01-38 kg
8	HEAVY	40 KG AND ABOVE	38 KG AND ABOVE

CATEGORY AGE 12 - 14 YEARS (BLUE BELT ABOVE)			
NO	CATEGORIES	MALE (KG)	FEMALE (KG)
1	FIN	BELOW 33 KG	BELOW 29 KG
2	FLY	33.01 KG – 37 KG	29.01 KG – 33 KG
3	BANTAM	37.01 KG – 41 KG	33.01 KG – 37 KG
4	FEATHER	41.01 KG – 45 KG	37.01 KG – 41 KG
5	LIGHT	45.01 KG – 49 KG	41.01 KG – 44 KG
6	WELTER	49.01 KG – 53 KG	44.01 KG – 47 KG
7	LIGHT MIDDLE	53.01 KG – 57 KG	47.01 KG – 51 KG
8	MIDDLE	57.01 KG – 61 KG	51.01 KG – 55 KG
9	LIGHT HEAVY	61.01 KG – 65 KG	55.01 KG – 59KG
10	HEAVY	65 KG & ABOVE	59 KG & ABOVE

CATEGORY AGE 15 – 17 YEARS (BLUE BELT ABOVE)			
NO	CATEGORIES	MALE (KG)	FEMALE (KG)
1	FIN	BELOW 45 KG	BELOW 42KG
2	FLY	45.01KG – 48 KG	42.01KG – 44 KG
3	BANTAM	48.01 KG – 51 KG	44.01 KG – 46 KG
4	FEATHER	51.01 KG – 55 KG	46.01 KG – 49 KG
5	LIGHT	55.01 KG – 59 KG	49.01 KG – 52 KG
6	WELTER	59.01KG – 63KG	52.01KG – 55KG
7	LIGHT MIDDLE	63.01 KG – 68KG	55.01 KG – 59 KG
8	MIDDLE	68.01 KG – 73 KG	59.01 KG – 63 KG
9	LIGHT HEAVY	73.01 KG – 78 KG	63.01KG – 68KG
10	HEAVY	78 KG & ABOVE	68KG & ABOVE

**CATEGORY OPEN AGE 17 YEARS AND ABOVE
(BLUE BELT ABOVE)**

NO	CATEGORIES	MALE (KG)	FEMALE (KG)
1	FIN	< 54	< 46
2	FLY	54.01 – 58	46.01 – 49
3	BANTAM	58.01 – 63	49.01 – 53
4	FEATHER	63.01 – 68	53.01 – 57
5	LIGHT	68.01 - 74	57.01 - 62
6	WELTER	74.01 - 80	62.01 - 67
7	MIDDLE	80.01 – 87	67.01 – 73
8	HEAVY	Above 87	Above 73

TEAM SPARRING

DIVISION (BLUE BELT ABOVE)	MALE TEAM SPARRING 3 VS 3	FEMALE TEAM SPARRING 3 VS 3
9 -11 years	Not exceeding 100kg	Not exceeding 90kg
12 -14 years	Not exceeding 130kg	Not exceeding 110kg
15 - 17 years	Not exceeding 170kg	Not exceeding 150kg
18 years above	Not exceeding 190kg	Not exceeding 160kg

**POOMSAE EVENT - INDIVIDUAL
CARNIVAL
(MALE & FEMALE)**

BELT AGE GROUP	YELLOW	GREEN	BLUE	RED/POOM/BLACK BELT
BELOW 8	TAEGUEK 1	TAEGUEK 3	TAEGUEK 5	TAEGUEK 7
9 - 11	TAEGUEK 1	TAEGUEK 3	TAEGUEK 5	TAEGUEK 7
12 - 14	TAEGUEK 1	TAEGUEK 3	TAEGUEK 5	TAEGUEK 7
15 - 17	TAEGUEK 1	TAEGUEK 3	TAEGUEK 5	TAEGUEK 7
BELOW 30	TAEGUEK 1	TAEGUEK 3	TAEGUEK 5	TAEGUEK 7
BELOW 50	TAEGUEK 1	TAEGUEK 3	TAEGUEK 5	TAEGUEK 7
ABOVE 51	TAEGUEK 1	TAEGUEK 3	TAEGUEK 5	TAEGUEK 7

POOMSAE PAIR / MIX PAIR / TEAM

BELT AGE GROUP	BELOWGREEN	BLUE & RED	POOM & 1ST DAN	2ND DAN & ABOVE
9 -11	TAEGUEK 3	TAEGUEK 7	KORYO	-
12-14	TAEGUEK 3	TAEGUEK 7	KORYO	-
15 - 17	TAEGUEK 3	TAEGUEK 7	KORYO	KEUMGANG
BELOW 30	TAEGUEK 3	TAEGUEK 7	KORYO	TAEBAEK
ABOVE 30	TAEGUEK 3	TAEGUEK 7	KORYO	TAEBAEK

POOMSAE PROFESSIONAL (MALE & FEMALE)

AGE GROUP \ BELT	YELLOW	GREEN	BLUE	RED/ POOM	BLACK BELT
9 - 11	TAEGUEK 1	TAEGUEK 3	TAEGUEK 5	TAEGUEK 7	-
12 - 14	TAEGUEK 1	TAEGUEK 3	TAEGUEK 5	TAEGUEK 7	-
15 - 17	TAEGUEK 1	TAEGUEK 3	TAEGUEK 5	TAEGUEK 7	KORYO
BELOW 30	TAEGUEK 1	TAEGUEK 3	TAEGUEK 5	TAEGUEK 7	KEUMGANG
BELOW 50	TAEGUEK 1	TAEGUEK 3	TAEGUEK 5	TAEGUEK 7	TAEBAEK
ABOVE 51	TAEGUEK 1	TAEGUEK 3	TAEGUEK 5	TAEGUEK 7	SHIPJIN

KEJOHANAN TAEKWONDO TERBUKA PTGK BERSAMA KELAB TAEKWONDO VISION 2026

SPARRING ENTRY FORM

To
The Organizing Chairman

Dear Sir ,

I, _____ hereby allow my son/ daughter/ward to compete in the KEJOHANAN TAEKWONDO TERBUKA PTGK BERSAMA KELAB TAEKWONDO VISION 2026 at HOCK TEIK SOO HALL SUNGAI LALANG, KEDAH on 26 & 27 September 2026.

Name: _____
Date of birth: _____ Mykad/ BC no: _____
Grade/Dan: _____ Contact: _____ TMregistration no: _____
Address: _____

Gender : Male/ Female Club: _____
School Name: _____
District: _____ School code: _____ State: _____

Age Group : 9-11 / 12- 14 / 15-17 / open category
Weight : _____kg
Category: _____

I am aware of the possibility of my son/daughter/ward being injured in the full body contact sparring and I hereby undertake and agree that I will not attach any blame or bring civil proceedings against The Organizing Committee, its officials, representatives and other participants.

I hereby confirm that I have duly read, understood and agree to the above mentioned terms and conditions.

.....
Parent/ Guardian of participant
Name:
NRIC No:
H/Phone:
Date:

.....
Team Manager/Coach
Name:
NRIC No:
Date:

KEJOHANAN TAEKWONDO TERBUKA PTGK BERSAMA KELAB TAEKWONDO VISION 2026

POOMSAE ENTRY FORM

To
The Organizing Chairman

Dear Sir ,

I, _____ hereby allow my son/ daughter/ward to compete in the KEJOHANAN TAEKWONDO TERBUKA PTGK BERSAMA KELAB TAEKWONDO VISION 2026 at HOCK TEIK SOO HALL SUNGAI LALANG, KEDAH on 26 & 27 September 2026.

Name: _____
Date of birth: _____ Mykad/ BC no: _____
Grade/Dan: _____ Contact : _____ TMregistration no: _____
Address: _____

Gender : Male/ Female Club: _____
School Name: _____
District : _____ School code: _____ State: _____

Age Group : 9-11 / 12- 14 / 15-17 / 18-30 / 31- 40 / 41-50 / 51-60 / Above 61

Taeguek : _____

I am aware of the possibility of my son/daughter/ward being injured in the full body contact sparring and I hereby undertake and agree that I will not attach any blame or bring civil proceedings against The Organizing Committee, its officials, representatives and other participants.

I hereby confirm that I have duly read, understood and agree to the above mentioned terms and conditions.

.....
Parent/ Guardian of participant
Name:
NRIC No:
H/Phone:
Date:

.....
Team Manager/Coach
Name:
NRIC No:
Date:

KEJOHANAN TAEKWONDO TERBUKA PTGK BERSAMA KELAB TAEKWONDO VISION 2026

VR ENTRY FORM

To
The Organizing Chairman

Dear Sir ,

I, _____ hereby allow my son/ daughter/ward to compete in the KEJOHANAN TAEKWONDO TERBUKA PTGK BERSAMA KELAB TAEKWONDO VISION 2026 at HOCK TEIK SOO HALL SUNGAI LALANG, KEDAH on 26 & 27 September 2026.

Name: _____
Date of birth: _____ Mykad/ BC no: _____
Grade/Dan: _____ Contact : _____ TMregistration no: _____
Address: _____

Gender : Male/ Female Club: _____
School Name: _____
District : _____ School code: _____ State: _____

Age Group : 9-11 / 12- 14 / 15-17 / 18- 35 / Above 36

I am aware of the possibility of my son/daughter/ward being injured in the full body contact sparring and I hereby undertake and agree that I will not attach any blame or bring civil proceedings against The Organizing Committee, its officials, representatives and other participants.

I hereby confirm that I have duly read, understood and agree to the above mentioned terms and conditions.

.....
Parent/ Guardian of participant
Name:
NRIC No:
H/Phone:
Date:

.....
Team Manager/Coach
Name:
NRIC No:
Date:

EVENT TENTATIVE

25 SEPTEMBER 2026

DEWAN HOCK TEIK SOO HALL SUNGAI LALANG, KEDAH

3.00-7.00PM	Team Registration and Submission of Competition Forms Weigh-in KYORUGI Individual
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EVENT TENTATIVE

26 SEPTEMBER 2026

DEWAN HOCK TEIK SOO HALL SUNGAI LALANG, KEDAH

8.00 TO 8.30 AM	TEAM MANAGER/ REFREE BRIEFING
8.30 TO 12.00 PM	COMPETITIONS BEGINS POOMSAE CARNIVAL (ALL CATEGORIES) POOMSAE PROFESSIONAL (ALL CATEGORIES) VIRTUAL(CARNIVAL) {9-11 & 15-17]
12.00 TO 1.00 PM	OPENING CEREMONY
1.00 TO 2.00 PM	LUNCH BREAK
2.00 TO 6.00PM	BODY KICK (ALL CATEGORIES)(JUNIOR) COMPETITION CONTINUES
6.00PM TO 7.00PM	MEDAL PRESENTATION

EVENT TENTATIVE

27 SEPTEMBER 2026

DEWAN HOCK TEIK SOO HALL SUNGAI LALANG, KEDAH

8.15 AM TO 8.30 AM	TEAM MANAGER MEETING
8.30 AM TO 1.00 PM	COMPETITION BEGINS KYORUGI FULL CONTACT (ALL CATEGORIES) VIRTUAL (CARNIVAL) [12-14 & OPEN]
1.00 PM TO 2.00 PM	LUNCH BREAK
2.00 PM TO 5.00 PM	COMPETITION CONTINUES
5.30 PM TO 7.00 PM	TEAM SPARRING
7.00 PM TO 7.30 PM	TROPHY PRESENTATION