



5TH ONE GALAXY TAEKWONDO CHAMPIONSHIP

2026



DATE

12 JULY 2026



TIME

8:30 AM



VENUE

TPG

★ **AIM YOUR GOALS!** ★

DISCIPLINE | RESPECT | FOCUS | EXCELLENCE

**5TH ONE GALAXY TAEKWONDO CARNIVAL
CHAMPIONSHIP 2026**

DATE:

12 JULY 2026

VENUE:

SEKOLAH MENENGAH TELUK PANGGILAMA GARANG

ANJURAN:

1 GALAXY TAEKWONDO CLUB

DENGAN SEGALA HORMATNYA SEMUA DIJEMPUT MENYERTAI

**5TH ONE GALAXY TAEKWONDO CARNIVAL
CHAMPIONSHIP 2026**

SINCERELY

MASTER G. PUVENENTHIRAN

5TH ONE GALAXY TAEKWONDO CARNIVAL

CHAMPIONSHIP 2026

INFORMATION

| NO | SUBJECT | DETAILS |
|----|-------------------------------------|---|
| 1 | DATE | 12 JULY 2026 |
| 2 | VENUE | SMK TELUK PANGGILAMA GARANG |
| 3 | ENTRIES – BOYS & GIRLS | 9-17 AGE GROUPS & OPEN AGE 18 ABOVE |
| 7 | METHOD OF CONTEST | <p>SPARRING EVENT: BODY KICK (NO HEAD KICK) (SPARRING SCORING SYSTEM) (YELLOW BELT AND ABOVE)</p> <p style="text-align: center;">1. (SUPER CADET) AGE 9 TO 11 YEARS (1 min 30 second X 3 rounds X 1 min rest)</p> <p style="text-align: center;">2. (CADET) AGE 12 TO 14 YEARS (1 min 30 second X 3 rounds X 1 min rest)</p> <p style="text-align: center;">3. (JUNIOR) AGE 15 TO 17 YEARS (2 min X 3 rounds X 1 min rest)</p> <p style="text-align: center;">4. (OPEN) AGE ABOVE 16 YEARS (2 min X 3 rounds X 1 min rest)</p> |
| | | <p style="text-align: center;">POOMSAE: (CARNIVAL) INDIVIDUAL</p> <p style="text-align: center;">1. BELOW (8 YEARS) 2. (SUPER CADET) AGE: 9 TO 11 3. (CADET) AGE: 12 TO 14 4. (JUNIOR) AGE: 15 TO 17</p> |
| | | <p style="text-align: center;">SPEED KICK (CARNIVAL)</p> <p style="text-align: center;">1. BELOW (8 YEARS) FRONT KICK 2. AGE: 9 TO 11 FRONT KICK 3. AGE: 12 TO 14 TURNING KICK 4. AGE: 15 TO 17 TURNING KICK 5. AGE ABOVE 18 TURNING KICK</p> |
| 8 | NUMBER OF PARTICIPANTS PER CATEGORY | EACH TEAM CAN REGISTER ANY NUMBER OF PARTICIPANTS IN THE SAME WEIGHT CATEGORY. |
| 9 | MEDALS | MEDALS WILL BE AWARDED IN EVERY WEIGHT DIVISION FOR THE 1ST, 2ND, AND 2 X 3RD PLACINGS. |
| 10 | DISCIPLINE | ALL OFFICIALS AND CONTESTANTS ARE RESPONSIBLE FOR |

| | | |
|----|-----------------------|--|
| | | THE HIGHEST STANDARDS OF DISCIPLINE. MISBEHAVIOR DURING COMPETITION AND ON THE STADIUM GROUNDS WILL BE DEALT WITH SEVERELY, INCLUDING THE EXPULSION OF ENTIRE TEAM. |
| 11 | PARTICIPATION FEE | RM 60.00 PER PARTICIPANT (KYORUGI) + RM20 FOR PSS SYSTEM) RM 60.00 PER PARTICIPANT (POOMSAE INDIVIDU) RM 60.00 PER PARTICIPANT (SPEED KICK) |
| 13 | INDEMNITIES | IT SHALL BE THE RESPONSIBILITY OF THE PARENTS OF PARTICIPANTS AND THEIR INSTRUCTORS TO HAVE VALIDLY COMPLETED THE PARTICIPATION FORMS, WITH COPIES OF BIRTH CERTIFICATES, AND HAVE THEM SIGNED INDEMNIFYING), THE ORGANISING COMMITTEE, ITS OFFICIALS AND OTHER CONTESTANTS FROM ANY CLAIMS OF INJURIES, LOSSES, FATAL OR OTHERWISE ARISING IN THE COURSE OF PARTICIPATION IN THIS CHAMPIONSHIP OR ANY OTHER ACTIVITIES THEREFORE. IT SHALL BE THE RESPONSIBILITY OF THE RESPECTIVE INSTRUCTORS/PARENTS TO ENSURE THAT PARTICIPANTS AND OFFICIALS ARE COVERED WITH VALID INSURANCE COVERAGE. |
| 14 | SPARRING EQUIPMENT | (I) THE ORGANIZERS WILL PROVIDE SENSOR VEST AND SOCKS (II) GROIN GUARDS AND MOUTH GUARDS ARE COMPULSORY (III) SOFT PROTECTIVE GUARDS FOR FOREARMS AND SHINS ARE COMPULSORY. |
| 16 | TEAM MANAGERS MEETING | DATE :12 ST JUNE 2025 TIME 8.00AM |
| 17 | ENTRIES CLOSING DATE | 6 JUNE, 2026. PLEASE ADHERE TO THE CLOSING DATE TO ENABLE SMOOTH RUNNING OF CHAMPIONSHIPS. COMPLETED PARTICIPATION FORMS MUST BE EMAIL TO g.puven.gpuven@yahoo.com HP: MASTER G.PUVEN 016-2682559 |
| 18 | CONTACT PERSONS | ORGANISING CHAIRPERSON MASTER G.PUVENENTHIRAN – 016-2682559 ONLY ONLINE TRANSFER BEFORE 6 JUNE 2026 MAY BANK ACCOUNT - 112054162854 |
| 19 | PARTICIPATION | ALL MALAYSIAN PARTICIPANTS IN THIS CHAMPIONSHIP TO BE REGISTERED WITH TAEKWONDO MALAYSIA (WTF) VIA ITS AFFILIATES WHICH IS THE STATE ASSOCIATION OR PREMIER CLUB OR NATIONAL INSTITUTIONS. |

ENTRY FORM

The Organising Chairperson,

5th ONE GALAXY TAEKWONDO CARNIVAL CHAMPIONSHIP 2026

Dear Sir,

We submit herewith our application to participate in the **5th ONE Galaxy Taekwondo Carnival Championship 2025**

| | | |
|----------------------------|--|--|
| NAME OF TEAM | | |
| TEAM MANAGER: | | |
| CONTACT NO: | | |
| E-MAIL: | | |
| TEAM COACHES - NAME | | |
| 1 ST COACH | | |
| 2 ND COACH | | |
| 3 RD COACH | | |

Yours truly,

.....

NAME:

POSITION:

DATE:

KYORUGI CATEGORY ENTRY FORM

MALE: 9 – 11 YEARS

| WEIGHT CATEGORIES | NAME | WEIGHT (KG) | GRED |
|-----------------------------|-------------|--------------------|-------------|
| FIN Below 20kg | | | |
| FLY 20.01-23kg | | | |
| BANTAM 23.01-26kg | | | |
| FEATHER 26.01-29kg | | | |
| LIGHT 29.01-32kg | | | |
| WELTER 32.01-36kg | | | |
| MIDDLE 36.01-40kg | | | |
| HEAVY AND ABOVE 40.01-KG | | | |

KYORUGI CATEGORY ENTRY FORM

FEMALE: 9 – 11 YEARS

| WEIGHT CATEGORIES | NAME | WEIGHT (KG) | GRED |
|-----------------------------|-------------|--------------------|-------------|
| FIN Below 18kg | | | |
| FLY 18.01-21kg | | | |
| BANTAM 21.01-24kg | | | |
| FEATHER 24.01-27kg | | | |
| LIGHT 27.01-30kg | | | |
| WELTER 30.01-34kg | | | |
| MIDDLE 34.01-38kg | | | |
| HEAVY AND ABOVE 38.01-KG | | | |

KYORUGI CATEGORY ENTRY FORM

MALE: 12 – 14 YEARS

| WEIGHT CATEGORIES | NAME | WEIGHT (KG) | GREED |
|------------------------|------|-------------|-------|
| FIN Below 33kg | | | |
| FLY 33.01-37kg | | | |
| BANTAM 37.01-41kg | | | |
| FEATHER 41.01-45kg | | | |
| LIGHT 45.01-49kg | | | |
| WELTER 49.01-53kg | | | |
| L/MIDDLE 53.01-57kg | | | |
| MIDDLE 57.01-61KG | | | |
| L/HEAVY 61.01-65 | | | |
| HEAVY 65kg & Above | | | |

KYORUGI CATEGORY ENTRY FORM

FEMALE: 12 – 14 YEARS

| WEIGHT CATEGORIES | NAME | WEIGHT (KG) | GREED |
|------------------------|------|-------------|-------|
| FIN Below 29kg | | | |
| FLY 29.01-33kg | | | |
| BANTAM 33.01-37kg | | | |
| FEATHER 37.01-41kg | | | |
| LIGHT 41.01-44kg | | | |
| WELTER 44.01-47kg | | | |
| L/MIDDLE 47.01-51kg | | | |
| MIDDLE 51.01-55KG | | | |
| L/HEAVY 55.01-59 | | | |
| HEAVY 59.1 &Above | | | |

KYORUGI CATEGORY ENTRY FORM

MALE: 15 - 17 YEARS

| WEIGHT CATEGORIES | NAME | WEIGHT (KG) | GRED |
|-------------------------|------|-------------|------|
| FIN Below 45kg | | | |
| FLY 45.1 - 48kg | | | |
| BANTAM 48.1 - 51kg | | | |
| FEATHER 51.1 -55kg | | | |
| LIGHT 55.1 - 59kg | | | |
| WELTER 59.1 - 63kg | | | |
| L/MIDDLE 63.1 - 68kg | | | |
| MIDDLE 68.1 – 73kg | | | |
| L/ HEAVY 73.1 -78kg | | | |
| HEAVY 78.1 & Above | | | |

KYORUGI CATEGORY ENTRY FORM

FEMALE: 15 - 17 YEARS

| WEIGHT CATEGORIES | NAME | WEIGHT (KG) | GRED |
|-------------------------|------|-------------|------|
| FIN Below 42kg | | | |
| FLY 42.1 - 44kg | | | |
| BANTAM 44.1 - 46kg | | | |
| FEATHER 46.1 -49kg | | | |
| LIGHT 49.1 - 52kg | | | |
| WELTER 52.1 - 55kg | | | |
| L/MIDDLE 55.1 - 59kg | | | |
| MIDDLE 59.1 – 63kg | | | |
| L/ HEAVY 63.1 -68kg | | | |
| HEAVY 68.1 & Above | | | |

KYORUGI CATEGORY ENTRY FORM

OPEN

MALE: 16 YEARS AND ABOVE

| WEIGHT CATEGORIES | NAME | WEIGHT (KG) | GRED |
|------------------------|------|-------------|------|
| FIN Below 54kg | | | |
| FLY 54.1 - 58kg | | | |
| BANTAM 58.1 - 63kg | | | |
| FEATHER 63.1 - 68kg | | | |
| LIGHT 68.1 - 74kg | | | |
| WELTER 74.1 - 80kg | | | |
| MIDDLE 80.1 - 87kg | | | |
| HEAVY 87kg ABOVE | | | |

KYORUGI CATEGORY ENTRY FORM

OPEN

FEMALE: 16 YEARS AND ABOVE

| WEIGHT CATEGORIES | NAME | WEIGHT (KG) | GRED |
|-----------------------|------|-------------|------|
| FIN Below 46kg | | | |
| FLY 46.1-49.kg | | | |
| BANTAM 49.1-53kg | | | |
| FEATHER 53.1-57kg | | | |
| LIGHT 57.1-62kg | | | |
| WELTER 62.1-67kg | | | |
| MIDDLE 67.1-73kg | | | |
| HEAVY 73.1kg ABOVE | | | |

Poomsae Individual

| Colour Belt Age Group | Yellow | Green | Blue | Red, |
|----------------------------------|------------------|------------------|------------------|------------------|
| Below 8 | Taeguek 1 | Taeguek 3 | Taeguek 5 | Taeguek 7 |
| 9 – 11 | Taeguek 1 | Taeguek 3 | Taeguek 5 | Taeguek 7 |
| 12 – 14 | Taeguek 1 | Taeguek 3 | Taeguek 5 | Taeguek 7 |
| 15 – 17 | Taeguek 1 | Taeguek 3 | Taeguek 5 | Taeguek 7 |

SPEED KICK

| AGE GROUP | TIMING NOTE | NOTE |
|---------------------|---------------------------|---------------------|
| BELOW 5 | 1 ROUND X 1 MINUTE | FRONT KICK |
| AGE 6 | | FRONT KICK |
| AGE 7 | | FRONT KICK |
| AGE 8 | | FRONT KICK |
| AGE 9 – 11 | | TURNING KICK |
| AGE 12 – 14 | | TURNING KICK |
| AGE 15 – 17 | | TURNING KICK |
| AGE 18 ABOVE | | TURNING KICK |

SPARING ENTRY FORM
CONTESTANTS' PARTICIPATION FORM

The Organising Chairperson,

5TH ONE GALAXY TAEKWONDO CARNIVAL CHAMPIONSHIP 2026

Dear Sir,

I _____ hereby allow my
son/daughter/ward _____ to compete in the
5TH ONE GALAXY TAEKWONDO CARNIVAL CHAMPIONSHIP 2026 DI SMK TELUK
PANGGILIMA GARANG 12 JUNE 2026.

Name _____

Date of Birth _____ Sex(M/F) _____

Address _____

School/Club: _____

HP: _____ MyKad /BC: _____

Weight _____ KG Category _____

Grade _____ Age Group (9-11) (12-14) (15-17) (16 & ABV)

I am aware of the possibility of my son/daughter/ward being injured in the full-body contact sparring event and hereby undertake and agree that I will not attach any blame to ORGANISOR & 5TH ONE GALAXY TAEKWONDO CARNIVAL CHAMPIONSHIP 2026, ITS DULY APPOINTED OFFICIALS AND OTHER CONTESTANTS OR BRING CIVIL PROCEEDINGS OF ANY KIND against the said organizations, officials and individuals for injuries, losses – fatal or otherwise – arising in the course of my son/daughter/ward competing in the championship or any other incidental therefore.

I hereby confirm that I have duly read and understand the above-mentioned terms and conditions.

Signature of Parent/Guardian

NAME :

IC NO :

H/P NO:

Signature of Instructor

NAME :

IC NO:

H/P NO:

**POOMSAE ENTRY FORM
CONTESTANTS' PARTICIPATION FORM**

**The Organising Chairperson,
5TH ONE GALAXY TAEKWONDO CARNIVAL CHAMPIONSHIP 2026**

Dear Sir,

I _____ hereby allow my
son/daughter/ward _____ to compete in the
**5TH ONE GALAXY TAEKWONDO CARNIVAL CHAMPIONSHIP 2026 DI SMK TELUK
PANGGILAMA GARANG 12 JUNE 2026.**

Name _____

Date of Birth _____ Sex(M/F) _____

Address _____

School/Club: _____

HP: _____ MyKad /BC: _____

Weight _____ KG Category _____

Grade _____ Age Group (9-11) (12-14) (15-17) (16 & ABV)

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I hereby confirm that I have duly read and understand the above-mentioned terms and conditions.

Signature of Parent/Guardian

NAME :

IC NO :

H/P NO:

Signature of Instructor

NAME :

IC NO:

H/P NO:

TENTATIVE SCHEDULE

| Day | Detail | Time | Venue |
|----------------------|--|--|------------------------------|
| 6.6.2026 Saturday | Entries closing date | 5PM | SMK TELUK PANGGILA GARANG |
| 12.6.2026 Sunday | Team Managers briefing referee refresher briefing | 8.15AM-8.30AM | |
| | ALL SPEED KICK All poomsae category All Kyorugi category | 8.30AM | |
| | Prize presentation | Prizes will be awarded immediately after each event category finishes. | |
| | Finish | 7.00pm | |