



AFFILIATED TO:



4TH SPT BRAVO INVITATIONAL TAEKWONDO CHAMPIONSHIP 2026

DATE

18 TO 20 SEPTEMBER 2026

VENUE

DEWAN MILLENIUM
13100 KEPALA BATAS, PULAU PINANG

ORGANISED BY

S.P.T TAEKWONDO & MARTIAL ART (TM/WTF)

BRAVO TAEKWONDO CLUB (TM/WTF)





4TH SPT BRAVO INVITATIONAL TAEKWONDO CHAMPIONSHIP 2026 INFORMATION & PARTICIPATION FORMS

1.	DATE	18 to 20 September 2026
2.	VENUE	Dewan Millenium Kepala Batas, Pulau Pinang
3.	ORGANISERS	S.P.T Taekwondo & Martial Art (TM/WTF) BRAVO Taekwondo Club (TM/WTF)
4.	QUALIFICATION FOR PARTICIPATION	All clubs affiliated under Taekwondo Malaysia (WT) For Kyorugi - Green Belt (6 th Grade) and above For Poomsae – Yellow Belt (8 th Grade) and above For VR - Yellow Belt (8 th Grade) and above
5.	COMPETITION RULES	WT Competition Rules with approved modifications
6.	METHOD OF CONTEST	<p>KYORUGI EVENT: (PSS Scoring System)</p> <p>Only kicking to Body. (Amateur) (Best of 3) (GREEN & BLUE BELT) (JUNIOR CATERGORY)</p> <p>a) Age Group: 9 – 11 Years (Super Cadet) (1 min 30 second x 3 rounds x 1min rest)</p> <p>b) Age Group: 12 – 14 Years (Cadet) (1 min 30 second x 3 rounds x 1min rest)</p> <p>c) Age Group: 15 – 17 Years (Junior) (2 min x 3 rounds x 1min rest)</p> <p>(BLUE BELT AND ABOVE) (BODY KICK)</p> <p>d) Age Group: 30 – 40 Years (Veteran A) (2 min x 3 rounds x 1min rest)</p> <p>e) Age Group: Above 40 Years (Veteran B) (2 min x 3 rounds x 1min rest)</p> <p>Full Contact Knock-Out Sparring System (Best of 3) (GREEN BELT AND ABOVE) (ELITE CATERGORY)</p> <p>a) Age Group: 9 – 11 Years (Super Cadet) (1 min 30 second x 3 rounds x 1min rest)</p> <p>b) Age Group: 12 – 14 Years (Cadet) (1 min 30 second x 3 rounds x 1min rest)</p> <p>c) Age Group: 15 – 17 Years (Junior) (2 mins x 3 rounds x 1min rest)</p> <p>d) Open Category – above 17 years (2 mins x 3 rounds x 1min rest)</p>

TEAM EVENT – 3 VS 3 (FULL CONTACT)

(Each team must designate one player to stand by as a reserve)

DIVISION	MALE TEAM SPARRING 3 VS 3	FEMALE TEAM SPARRING 3 VS 3
9-11 years	Not exceeding 100kg	Not exceeding 90kg
12-14 years	Not exceeding 130kg	Not exceeding 110kg
15-17 years	Not exceeding 170kg	Not exceeding 150kg
18 years above	Not exceeding 190kg	Not exceeding 160kg

POOMSAE EVENT:

INDIVIDUAL (AMATEUR – 4 in group & ELITE)

(YELLOW BELT AND ABOVE)

- a) Below 8 years
- b) Age Group: 9 – 11 Years (**Super Cadet**)
- c) Age Group: 12 – 14 Years (**Cadet**)
- d) Age Group: 15 – 17 Years (**Junior**)
- e) Below 30
- f) Below 40
- g) Below 50
- h) Above 50

POOMSAE PAIR (ELITE)

(2 MALE OR 2 FEMALE)

- a) Age Group: 9 – 11 Years (**Super Cadet**)
- b) Age Group: 12 – 14 Years (**Cadet**)
- c) Age Group: 15 – 17 Years (**Junior**)
- d) Below 30
- e) Above 30

POOMSAE MIX PAIR (ELITE)

(1 MALE & 1 FEMALE)

- a) Age Group: 9 – 11 Years (**Super Cadet**)
- b) Age Group: 12 – 14 Years (**Cadet**)
- c) Age Group: 15 – 17 Years (**Junior**)
- d) Below 30
- e) Above 30

VIRTUAL EVENT (AMATEUR & ELITE)

(1min x 3 rounds x 1 min rest)

- a) Age Group: 9 – 11 Years (Male / Female)
- b) Age Group: 12 – 14 Years (Male / Female)
- c) Age Group: 15 – 17 Years (Male / Female)
- d) Age Group: 18 – 30 Years (Male / Female)
- e) Age Group: Above 30 Years (Mixed – Male & Female)

7.

NUMBER OF PARTICIPATION

Each team can register any number of participants in the same weight category.

8.	DISCIPLINE	<p>All officials and participants should strictly observe the decorum of TM/WT and the rules & regulations of competition.</p> <p>Only TM/WT approved attire / uniform is allowed and please make sure there is TM badge on it.</p>
9.	AWARD PRESENTATIONS	<p>i. Medals and achievement certificates will be awarded to the winners of each category –</p> <ul style="list-style-type: none"> a) Kyorugi – 1 Gold x 1 Silver x 2 Bronze b) Team Sparring – 3 Gold x 3 Silver x 6 Bronze c) Poomsae Individual – 1 Gold x 1 Silver x 2 Bronze d) Poomsae Pair & Mix – 2 Gold x 2 Silver x 4 Bronze e) Virtual Taekwondo – 1 Gold x 1 Silver x 2 Bronze <p>ii. Trophies will be awarded for Sparring, Poomsae & VR Event Champion, 1st Runner Up and 2nd Runner Up and Overall Champion for the Championship</p> <p>iii. Participants will receive a certificate of participation each</p> <p>Medal tally for all categories will be according to Clubs. Only categories with at least 4 players will be considered in the medal tally. 1 gold x 1 silver x 2 bronze medals</p>
10.	INDEMNITIES	<p>It shall be responsibility of the participants from the respective clubs to have already validly completed the participation forms with copies of NRIC or birth certificates and have them signed indemnifying the Organizing Committee, its officials and other participants from any claims of injuries, losses, fatal or otherwise arising in the course of participation in this championships or any other activities therefore.</p> <p>All participants must have the consent form signed by their parents / guardians. It shall be the responsibility of the respective teams to ensure that participants and officials are covered with insurance coverage. (The responsibility to be taken by Team Manager / Coach by their own club)</p>
11.	PARTICIPATION FEE	<p>Kyorugi (PSS) - RM 60.00 per participant RM 20 for PSS system</p> <p>Team - RM 240.00 per team of three</p> <p>Poomsae (Individual) - RM 60.00 per participant</p> <p>Poomsae (Pair / Mix Pair) - RM 120.00</p> <p>Virtual Sparring - RM 80.00 per participant</p> <p style="text-align: center;">PAYMENT CAN BE MADE TO: MAYBANK – 107135019998 (KRISHNAVANI GOVINDASAMY)</p> <p><i>*Participation fees are non-refundable</i></p>
12.	PROTEST FEE	RM200.00

13.	PROTECTIVE APPARELS	i) The Organizer will provide protective equipment for PSS. (Head gear, Body Vest and Sensor Socks) ii) The Participants should prepare their own equipment. (Shin and forearm guards, hand gloves, mouth guards (transparent) & groin guards are Compulsory)
15.	ACCOMMODATION & MEALS	Own arrangement by respective clubs / team.
16.	WEIGH-IN	To be done by respective clubs by their own instructors. If there is any suspicion, the organizers have the right to weigh again at the ring. If overweight (more than 1kg) the participant will be disqualified.
17.	ENTRIES CLOSING DATE	Entries will close at 5.00 pm, 21st August 2026. Teams are also advised that there will be no refunds should there be any cancellations/ withdrawals/ disqualifications.
18.	ENQUIRIES	For further information and enquiries, contact: i) Master Kasirul (012-4730120) ii) Master Maniam (016-4579735) iii) Master Kris (016-4880165) Email : bravotkdclub@yahoo.com





4TH SPT BRAVO INVITATIONAL TAEKWONDO CHAMPIONSHIP 2026

SPARRING ENTRY FORM

To
The Organizing Chairman
4TH SPT BRAVO INVITATIONAL TAEKWONDO CHAMPIONSHIP 2026

Dear Sir,

I, _____ hereby allow my son/daughter/ward to compete in the
4TH SPT BRAVO INVITATIONAL TAEKWONDO CHAMPIONSHIP 2026 at **Dewan Millenium Kepala
Batas, Pulau Pinang on 18 to 20 September 2026.**

Name: _____

Date of Birth: _____ Age : _____ MyKad /BC NO : _____ Grade/Dan: _____

TM Registration No: _____ Belt : _____ Contact No: _____

Address: _____

Gender: Male / Female Club : _____

School Name : _____ School Code : _____

Age Group: 9–11/ 12-14 / 15-17 / 30-40 / abv 40 (amateur – body kick) Weight: _____ Kg Category: _____

Age Group: 9 – 11/ 12 -14 / 15-17 / open (elite – full contact) Weight: _____ Kg Category: _____

Age Group: 9 – 11/ 12 -14 / 15-17 / open (team – 3 vs 3) Total Weight: _____ Kg

Age Group: 9 – 11/ 12 -14 / 15-17 / 18-30 / Above 30 (VR –amateur)

Age Group: 9 – 11/ 12 -14 / 15-17 / 18-30 / Above 30 (VR –elite)

I am aware of the possibility of my son/daughter/ward being injured in the full body contact sparring and I hereby undertake and agree that I will not attach any blame or bring civil proceedings against The Organizing Committee, its officials, representatives and other participants.

I hereby confirm that I have duly read, understood and agree to the above mentioned terms and conditions.

.....
Parent / Guardian of Participant

Name:
NRIC No:
Date:
H/Phone:

.....
Team Manager / Coach

Name:
NRIC No:
Date:
H/Phone:



4TH SPT BRAVO INVITATIONAL TAEKWONDO CHAMPIONSHIP 2026
POOMSAE ENTRY FORM

To
 The Organizing Chairman
 4TH SPT BRAVO INVITATIONAL TAEKWONDO CHAMPIONSHIP 2026

Dear Sir,

I, _____ hereby allow my son/daughter/ward to compete in the
4TH SPT BRAVO INVITATIONAL TAEKWONDO CHAMPIONSHIP 2026 at **Dewan Millenium Kepala
 Batas, Pulau Pinang on 18 to 20 September 2026.**

Name: _____

Date of Birth: _____ Age : _____ MyKad /BC NO : _____ Grade/Dan: _____

TM Registration No: _____ Belt : _____ Contact No: _____

Address: _____

Gender: Male / Female Club : _____

School Name : _____ School Code : _____

Age Group (Amateur): BELOW 8 / 9 – 11 / 12 -14 / 15-17 / Below 30 / BL 40 / BL50 /Above 50 Teaguek : _____

Age Group (Elite): BELOW 8 / 9 – 11 / 12 -14 / 15-17 / Below 30 / BL 40 / BL 50/ Above 50 Teaguek : _____

Age Group (Pair): 9 – 11 / 12 -14 / 15-17 / Below 30 / Above 30 Teaguek : _____

Age Group (Mix Pair): 9 – 11 / 12 -14 / 15-17 / Below 30 / Above 30 Teaguek : _____

I am aware of the possibility of my son/daughter/ward being injured in the full body contact sparring and I hereby undertake and agree that I will not attach any blame or bring civil proceedings against The Organizing Committee, its officials, representatives and other participants.

I hereby confirm that I have duly read, understood and agree to the above mentioned terms and conditions.

.....
 Parent / Guardian of Participant
 Name:
 NRIC No:
 Date:
 H/Phone:

.....
 Team Manager / Coach
 Name:
 NRIC No:
 Date:
 H/Phone:



4TH SPT BRAVO INVITATIONAL TAEKWONDO CHAMPIONSHIP 2026 Weight Category

SUPER CADET (AGE 9 – 11)			
MALE		FEMALE	
FIN	BELOW 20 KG	FIN	BELOW 18 KG
FLY	20 KG – 23KG	FLY	18 KG – 21 KG
BANTAM	23 KG – 26 KG	BANTAM	21 KG – 24 KG
FEATHER	26 KG – 29 KG	FEATHER	24 KG – 27 KG
LIGHT	29 KG – 32 KG	LIGHT	27 KG – 30 KG
WELTER	32 KG – 36 KG	WELTER	30 KG – 34 KG
MIDDLE	36 KG – 40 KG	MIDDLE	34 KG – 38 KG
HEAVY	40 KG & ABOVE	HEAVY	38 KG & ABOVE

CADET (AGE: 12 – 14 YEARS)			
MALE		FEMALE	
FIN	BELOW 33 KG	FIN	BELOW 29 KG
FLY	33 KG – 37 KG	FLY	29 KG – 33 KG
BANTAM	37 KG – 41 KG	BANTAM	33 KG – 37 KG
FEATHER	41 KG – 45 KG	FEATHER	37 KG – 41 KG
LIGHT	45 KG – 49 KG	LIGHT	41 KG – 44 KG
WELTER	49 KG – 53 KG	WELTER	44 KG – 47 KG
L / MIDDLE	53 KG – 57 KG	L / MIDDLE	47 KG – 51 KG
MIDDLE	57 KG – 61 KG	MIDDLE	51 KG – 55 KG
L / HEAVY	61 KG – 65 KG	L / HEAVY	55 KG – 59KG
HEAVY	65 KG & ABOVE	HEAVY	59 KG & ABOVE

JUNIOR (AGE: 15 – 17 YEARS)			
MALE		FEMALE	
FIN	BELOW 45 KG	FIN	BELOW 42KG
FLY	45KG – 48 KG	FLY	42KG – 44 KG
BANTAM	48 KG – 51 KG	BANTAM	44 KG – 46 KG
FEATHER	51 KG – 55 KG	FEATHER	46 KG – 49 KG
LIGHT	55 KG – 59 KG	LIGHT	49 KG – 52 KG
WELTER	59KG – 63KG	WELTER	52KG – 55KG
L / MIDDLE	63 KG – 68KG	L / MIDDLE	55 KG – 59 KG
MIDDLE	68 KG – 73 KG	MIDDLE	59 KG – 63 KG
L / HEAVY	73 KG – 78 KG	L / HEAVY	63KG – 68KG
HEAVY	78 KG & ABOVE	HEAVY	68KG & ABOVE



OPEN CATEGORY (AGE: 18 ABOVE)			
MALE		FEMALE	
FIN	BELOW 54 KG	FIN	BELOW 46KG
FLY	54KG – 58 KG	FLY	46 KG – 49 KG
BANTAM	58 KG – 63 KG	BANTAM	49 KG – 53 KG
FEATHER	63 KG – 68 KG	FEATHER	53 KG – 57 KG
LIGHT	68 KG – 74 KG	LIGHT	57 KG – 62 KG
WELTER	74 KG – 80 KG	WELTER	62 KG – 67 KG
MIDDLE	80 KG – 87 KG	MIDDLE	67 KG – 73 KG
HEAVY	87 KG & ABOVE	HEAVY	73 KG & ABOVE

VETERAN CATEGORY (AGE: 30 -40 / ABOVE 40) (BODY KICK)			
MALE		FEMALE	
UNDER 58KG	BELOW 58 KG	UNDER 49KG	BELOW 49 KG
UNDER 68KG	58KG – 68 KG	UNDER 57KG	49KG – 57 KG
UNDER 80KG	68 KG – 80 KG	UNDER 67KG	57 KG – 67 KG
OVER 80KG	80 KG & ABOVE	OVER 67KG	67 KG & ABOVE

TEAM SPARRING (MUST STAND BY 1 PLAYER AS REVERSE)

DIVISION	MALE TEAM SPARRING 3 VS 3	FEMALE TEAM SPARRING 3 VS 3
9-11 years	Not exceeding 100kg	Not exceeding 90kg
12-14 years	Not exceeding 130kg	Not exceeding 110kg
15-17 years	Not exceeding 170kg	Not exceeding 150kg
18 years above	Not exceeding 190kg	Not exceeding 160kg



**POOMSAE EVENT – INDIVIDUAL
(MALE & FEMALE)**

Belt Age group	Yellow	Green	Blue	Red, Poom	1 st Dan & abv
Below 8	Taeguek 1	Taeguek 3	Taeguek 5	Taeguek 7	-
9 -11	Taeguek 1	Taeguek 3	Taeguek 5	Taeguek 7	-
12-14	Taeguek 1	Taeguek 3	Taeguek 5	Taeguek 7	-
15-17	Taeguek 1	Taeguek 3	Taeguek 5	Taeguek 7	Koryo
BELOW 30	Taeguek 1	Taeguek 3	Taeguek 5	Taeguek 7	Keumgang
BELOW 40	Taeguek 1	Taeguek 3	Taeguek 5	Taeguek 7	Taebaek
BELOW 50	Taeguek 1	Taeguek 3	Taeguek 5	Taeguek 7	Taebaek
ABOVE 50	Taeguek 1	Taeguek 3	Taeguek 5	Taeguek 7	Taebaek

**POOMSAE EVENT – PAIR & MIX PAIR
(MALE & FEMALE)**

Belt Age group	BELOW GREEN	BLUE & RED	POOM, BLACK	2nd Dan & abv
9 -11	Taeguek 3	Taeguek 7	Koryo	-
12-14	Taeguek 3	Taeguek 7	Koryo	Keumgang
15-17	Taeguek 3	Taeguek 7	Koryo	Keumgang
BELOW 30	Taeguek 3	Taeguek 7	Koryo	Taebaek
ABOVE 30	Taeguek 3	Taeguek 7	Koryo	Taebaek



4TH SPT BRAVO INVITATIONAL TAEKWONDO CHAMPIONSHIP 2026

NO	DATE	TIME	EVENT	PLACE
1	21.08.2026 (FRIDAY)	5.00PM	Entries Closing Date	
2	18.09.2026 (FRIDAY)	5.00PM – 8.30PM	Registration/ Weigh In & Hall Preparation	
3	19.09.2026 (SATURDAY)	8.00AM – 8.30AM	Team Manager / Referee Briefing	D E W A N M I L L E N I U M
		9.15AM – 10.15AM	OPENING CEREMONY	
		10.30AM – 1.00PM	Poomsae Event: Individual and pair (all categories)	
			Sparring Event: (Amateur – Green & Blue) All categories	
			TEAM SPARRING All categories	
			Virtual Event (VR) (Amateur & Elite) All categories	
		1.00PM – 1.30PM	Lunch Break	
		1.30PM – 6.00PM	Competition Continues	
	20.09.2026 (SUNDAY)	8.00AM – 8.30AM	Team Manager Briefing	
		8.30AM – 1.00PM	Sparring Event: (Elite – Green above) 9-11 years (Male & Female) 12-14 years (Male & Female) 15-17 years (Male & Female) Open Category (Male & Female)	
		1.00PM – 1.30PM	Lunch Break	
		1.30PM – 5.00PM	Competition Continues	
		5.00PM – 6.00PM	Trophies presentation	

***Medals will be present after finish few categories and will be announce time to time**