

ORGANIZER,



VENUE,



SUPPORTED BY,



**VTKD**  
**KYORUGI**  
**POOMSAE**  
(INDV. | PAIR | TEAM)  
**3V3 KYORUGI**

# **MATSA** **JUNIOR**

**TAEKWONDO CHAMPIONSHIP 2026**

**DATUM JELATEK SHOPPING CENTER, KUALA LUMPUR | 17-19 APRIL 2026**



## INFORMATION SHEET

<b>DATE</b>	17-19 APRIL 2026
<b>VENUE</b>	DATUM JELATEK SHOPPING CENTRE, JALAN JELATEK, 54200 KUALA LUMPUR.
<b>TIME</b>	17-April-2026 (9:30am - 12pm, 2:30pm - 7pm) 18-April-2026 (9:30am - 7pm) 19-April-2026 (9:30am - 7pm)
<b>ORGANIZER</b>	MATSA TAEKWONDO CLUB
<b>PARTICIPATION</b>	All Malaysian participants are to be registered with Taekwondo Malaysia (WTF) and all foreign participants are required to be member of their National Governing body affiliated to World Taekwondo (WT) via their affiliates or clubs.
<b>CONTEST</b>	<p><b>POOMSAE EVENTS:</b></p> <p><b>(Compete in PK mode with group of 4, perform 1 assigned pomsae individually)</b></p> <p><b>- CARNIVAL CATEGORY</b></p> <p><b>POOMSAE INDIVIDUAL (MALE &amp; FEMALE)</b></p> <p><b>(Single Elimination system to be implement (PK mode), perform 1 assigned pomsae)</b></p> <p><b>- PROFESSIONAL CATEGORY</b></p> <p><b>POOMSAE INDIVIDUAL (MALE &amp; FEMALE)</b></p> <p><b>POOMSAE MIX PAIR (CONSIST OF 1 MALE + 1 FEMALE)</b></p> <p><b>POOMSAE MIX TEAM (CONSIST OF MIX GENDER OR ALL 1 GENDER):</b></p> <p>- Refer category chart on Page 7 for more detail information</p> <p>** The term of contest may be subject to changes. A final decision will be made during the team manager's meeting.</p> <p>-----</p>



### SPARRING EVENT:

All Sparring categories with **PSS system**

**Class A Junior - Body Kick only (For Green & Blue belt only)**

**Class B Senior - Full Contact (For Red, Poom & Black belt)**

1. ( 9-11 years old ) - Male
2. ( 9-11 years old ) - Female
3. ( 12-14 years old ) - Male
4. ( 12-14 years old ) - Female
5. ( 15-17 years old ) - Male
6. ( 15-17 years old ) - Female

#### **\*\*Duration of Contest:**

Age group 9-11 years old 12-14 year old  
- 90 seconds per round + 60 seconds rest interval with  
Best of 3 system.

Age group 15-17 years old  
- 120 seconds per round + 60 seconds rest interval with  
Best of 3 system.

*\*\*The term of contest may be subject to changes. A final decision will be made during the team manager's meeting.*

### TEAM SPARRING 3vs3 EVENT: (FOR GREEN BELT & ABOVE ONLY)

Full Contact Knock-Out Sparring System with **PSS system**

1. (9-11 years old) ~ Male
2. (9-11 years old) ~ Female
3. (12-14 years old) ~ Male
4. (12-14 years old) ~ Female
5. (15-17 years old) ~ Male
6. (15-17 years old) ~ Female
7. (18-30 years old) - Male
8. (18-30 years old) - Female
9. (31 years old & above) - Male **(Body kick only)**
10. (31 years old & above) - Female **(Body kick only)**

#### **\*\*Duration of Contest:**

2 minutes per round + 60 seconds rest interval with Best of 3 system.  
(Each player must fight for 15 seconds before player exchange  
can be request)

*\*\*The term of contest may be subject to changes. A final decision will be made during the team manager's meeting.*



	<p><b>VIRTUAL TAEKWONDO EVENT:</b></p> <p><b>Single Elimination system (PK mode)</b></p> <ol style="list-style-type: none"> <li>1. (9-11 years old) - Male</li> <li>2. (9-11 years old) - Female</li> <li>3. (12-14 years old) ~ Male</li> <li>4. (12-14 years old) ~ Female</li> <li>5. (15-17 years old) ~ Male</li> <li>6. (15-17 years old) ~ Female</li> <li>7. (18-30 years old) ~ Male</li> <li>8. (18-30 years old) ~ Female</li> <li>9. (31 years old &amp; above) - Male</li> <li>10. (31 years old &amp; above) - Female</li> </ol> <p><b>**Duration of Contest:</b></p> <p>- 60 seconds per round + 30 seconds rest interval with Best of 3 system.</p> <p>. The winner of each bout will be decided when:</p> <ul style="list-style-type: none"> <li>- A player totally depletes the Health Bar of the opposing player within the timeframes.</li> <li>- A player has higher Health Bar than the opposing player when the time finished.</li> </ul> <p><b>**The term of contest may be subject to changes. A final decision will be made during the team manager's meeting.</b></p>
<p><b>CATEGORY ENTRIES</b></p>	<p>All entries should be submitted through their member State, clubs or School Clubs.</p>
<p><b>DICIPLINE</b></p>	<p>All officials and participants should strictly observe the decorum code of the TM /WT and the rules &amp; regulations of competition. Disciplinary action will be taken against any violation of participation.</p>
<p><b>ARBITRATORS AND HEAD OF COURT / REFEREES</b></p>	<p>SHALL be appointed by TM Technical Committee and Referees Board TM / WT respectively.</p>
<p><b>AWARD PRESENTATION</b></p>	<ul style="list-style-type: none"> <li>• 1 Gold, 1 Silver, 2 Bronze will be awarded in each category.</li> <li>• Overall Champion, 1<sup>st</sup> Runner Up, 2<sup>nd</sup> Runner Up (Kyorugi - Male)</li> <li>• Overall Champion, 1<sup>st</sup> Runner Up, 2<sup>nd</sup> Runner Up (Kyorugi - Female)</li> <li>• Overall Champion, 1<sup>st</sup> Runner Up, 2<sup>nd</sup> Runner Up (Poomsae Pro - Male)</li> <li>• Overall Champion, 1<sup>st</sup> Runner Up, 2<sup>nd</sup> Runner Up (Poomsae Pro - Female)</li> </ul>
<p><b>CHANGE OF PARTICIPANT</b></p>	<p>No change or entry will be entertained after the closing date. There will be no refund on withdrawal.</p>

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TAEKWONDO CHAMPIONSHIP 2026

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<b>INDEMNITIES</b>	<p>i. It shall be the responsibility of the participants from the respective affiliates to have validly completed the participation forms and have them signed indemnifying the Organizing Committee, its officials and other contestants from any claims of injuries, losses, fatal or otherwise arising in the course of participation in this championship or any other activities thereto.</p> <p>ii. All participation forms must be approved and signed by the parents, schools and the affiliates.</p> <p>iii. All participants must complete the Indemnity Forms and all signatories of the Indemnity Form will take full responsibility during the Championship.</p> <p>iv. <b>It is the responsibility of all participants to possess their own valid personal accident insurance coverage.</b></p>
<b>TERMS AND CONDITIONS</b>	<p>All transportation, board &amp; lodging shall be by the respective participating teams. Participants are advised to make early reservation for accommodation.</p>
<b>KYORUGI PROTECTIVE EQUIPMENTS</b>	<p>E-Protector and E-socks shall be provided by the organizer. Approved soft protective forearm guard, shin guard, mouth guard, groin guard &amp; handglove are <b>COMPULSORY</b> in the sparring event and to be borne by the participant.</p>
<b>OFFICIAL PROTEST</b>	<p>A charges of RM200.00 will be implement for any official protest raise &amp; official report to be launch according to WT rules.</p>
<b>REGISTRATION</b>	<p>Weighing-in and Drawing of lot to be conducted in accordance to requirements of the organizer.</p> <p>All fees &amp; charges will be borne by the respective coaches/clubs.</p> <ol style="list-style-type: none"> <li>1. Poomsae: Individual - RM60 / Mix Pair - RM120 / Team - RM180</li> <li>2. Sparring: Individual - RM60 + RM20 (PSS System Rental).</li> <li>3. Team Sparring - RM240/team of 3 inclusive of PSS System Rental.</li> <li>4. Virtual Taekwondo - RM80 inclusive of System Rental.</li> </ol>
<b>CLOSING DATE OF ENTRIES</b>	<p>Online registration with google form link to be submitted before <b>16-March-2026</b> or <b>ANYTIME</b> once reach the target numbers of total participation.</p> <p>** Kyorugi individual event had limit to 500 participants &amp; entry link for the event will be closed once reaching this target to ensure the smoothness of the whole championship.</p>

## WEIGHT CATEGORY / DIVISION - KYORUGI INDIVIDUAL

<b>(SUPER CADET) Class A &amp; Class B (9 - 11 YEARS OLD)</b>			
NO.	DIVISION	MALE	FEMALE
1.	FIN	Not exceeding 20 KG	Not exceeding 18 KG
2.	FLY	< 23 KG	< 21 KG
3.	BANTAM	< 26 KG	< 24 KG
4.	FEATHER	< 29 KG	< 27 KG
5.	LIGHT	< 32 KG	< 30 KG
6.	WELTER	< 36 KG	< 34 KG
7.	MIDDLE	< 40 KG	< 38 KG
8.	HEAVY	Over 40 KG	Over 38 KG

<b>(CADET) Class A &amp; Class B (12 - 14 YEARS OLD)</b>			
NO.	DIVISION	MALE	FEMALE
1.	FIN	Not exceeding 33 KG	Not exceeding 29 KG
2.	FLY	< 37 KG	< 33 KG
3.	BANTAM	< 41 KG	< 37 KG
4.	FEATHER	< 45 KG	< 41 KG
5.	LIGHT	< 49 KG	< 44 KG
6.	WELTER	< 53 KG	< 47 KG
7.	LIGHT MIDDLE	< 57 KG	< 51 KG
8.	MIDDLE	< 61 KG	< 55 KG
9.	LIGHT HEAVY	< 65 KG	< 59 KG
10.	HEAVY	OVER 65 KG	OVER 59 KG

<b>(JUNIOR) Class A &amp; Class B (15- 17 YEARS OLD)</b>			
NO.	DIVISION	MALE	FEMALE
1.	FIN	Not exceeding 45 KG	Not exceeding 42 KG
2.	FLY	< 48 KG	< 44 KG
3.	BANTAM	< 51 KG	< 46 KG
4.	FEATHER	< 55 KG	< 49 KG
5.	LIGHT	< 59 KG	< 52 KG
6.	WELTER	< 63 KG	< 55 KG
7.	LIGHT MIDDLE	< 68 KG	< 59 KG
8.	MIDDLE	< 73 KG	< 63 KG
9.	LIGHT HEAVY	< 78 KG	< 68 KG
10.	HEAVY	OVER 78 KG	OVER 68 KG



## **TOTAL WEIGHT LIMIT & CATEGORY - TEAM SPARRING 3vs3**

<b>( 9 - 11 YEARS OLD )</b>	
<b>MALE</b>	<b>FEMALE</b>
Not exceeding 120 KG	Not exceeding 110 KG

<b>( 12 - 14 YEARS OLD )</b>	
<b>MALE</b>	<b>FEMALE</b>
Not exceeding 170 KG	Not exceeding 150 KG

<b>( 15 - 17 YEARS OLD )</b>	
<b>MALE</b>	<b>FEMALE</b>
Not exceeding 200 KG	Not exceeding 180 KG

<b>( 18-30 YEARS OLD )</b>	
<b>MALE</b>	<b>FEMALE</b>
Not exceeding 250 KG	Not exceeding 230 KG

<b>( 31 YEARS OLD &amp; Above )</b>	
<b>MALE</b>	<b>FEMALE</b>
Not exceeding 250 KG	Not exceeding 230 KG

## CARNIVAL CATEGORY

### POOMSAE INDIVIDUAL ( MALE & FEMALE ):

BELT	6-8 years old	9-11 years old	12-14 years old	15-17 years old
White Yellow	TAEGEUK 1			
Green Blue	TAEGEUK 3			
Red Poom Black	TAEGEUK 7			

## PROFESSIONAL CATEGORY

### POOMSAE INDIVIDUAL ( MALE & FEMALE ):

Category				
9-11 12-14 years old	Taegeuk 4, 5, 6, 7, 8, Poomsae Koryo, Keumgang			
15-17 18-30 years old	Taegeuk 5, 6, 7, 8, Poomsae Koryo, Keumgang, Taebaek			

### POOMSAE MIX PAIR / POOMSAE MIX TEAM:

Category				
9-11 12-14 years old	Taegeuk 4, 5, 6, 7, 8, Poomsae Koryo, Keumgang			
15-17 18-30 years old	Taegeuk 5, 6, 7, 8, Poomsae Koryo, Keumgang, Taebaek			



## ENTRY & INDEMNITY FORM

To  
Organizing Chairman,  
**MATSA JUNIOR TAEKWONDO CHAMPIONSHIP 2026**

Dear Sir,

I, hereby apply to compete in **MATSA JUNIOR TAEKWONDO CHAMPIONSHIP 2026**  
on 17-19 April 2026.

*(PLEASE USE ALL CAPITAL LETTERS, marked \*\* are compulsory column)*

1. \*\*Full Name (as per IC/BC):

\_\_\_\_\_

2. \*\*IC/BC No: \_\_\_\_\_ Gender : Male / Female

3. \*\*School name in full (compulsory):

\_\_\_\_\_

4. \*\*School Code & Zone (compulsory):

\_\_\_\_\_

5. Tel. No. / Contact No.: \_\_\_\_\_

6. Associate Country / Club: \_\_\_\_\_

7. Event participate: (Tick & circle on the related)

- Poomsae Individual (Carnival) ( )

- Poomsae Individual (Professional) ( )

- Poomsae Mix Pair ( )

Poomsae Mix Pair Player 2 name & IC:

\_\_\_\_\_

- Poomsae Mix Team ( )

Poomsae Team Player 2 name & IC:

\_\_\_\_\_

Poomsae Team Player 3 name & IC:

\_\_\_\_\_

- Kyorugi Individual ( ) (Class A / Class B)



- **Kyorugi Team 3vs3** ( )

Kyorugi Team Player 2 name & IC:

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Kyorugi Team Player 3 name & IC:

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- Virtual Taekwondo ( )  
( Age group: 9-11 / 12-14 / 15-17 / 18-30 / 31 & above )

I am aware of the possibility of me being injured in the full body contact sparring & taekwondo events and I hereby undertake and agree that I will not attach any blame or bring legal proceedings against the Organizing Committee of the **MATSA JUNIOR TAEKWONDO CHAMPIONSHIP 2026**, its instructors, coaches, officials, and participants.

I hereby confirm that I duly read and understand the above-mentioned term and conditions.  
(MUST BE SIGNED BY PARENT / GUARDIAN IF UNDER 18 YEARS OLD)

.....  
Parent/Guardian or Participant  
Signature  
Name:  
IC No.:  
Tel No:  
Date:

.....  
Teacher Advisor / PK Koko /  
Principal signature  
& School Chop  
Name:  
Tel No:  
Date:

.....  
Coach / Team manager Signature  
Name:  
Tel No.:  
Date: