



Persatuan Taekwondo Gabungan
Negeri Kedah

KEDAH-OPEN TAEKWONDO CHAMPIONSHIP 2024

TM/WT

21 – 22 DECEMBER 2024

AT ARENA OF SPORTS, SUNGAI PETANI ,KEDAH

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Championship Information

1.	DATE	<p>21-22 December 2024</p> <p>21 December 2024 Poomsae – Speed Kick</p> <p>22 December 2024 Kyorugi</p>
2.	VENUE	Arena Of Sports, Sungai Petani / Lip Seang Kor
3.	ORGANISER	Persatuan Taekwondo Gabungan Negeri Kedah (TM/WTF)
4.	QUALIFICATION FOR PARTICIPATION AND COACHES	All clubs affiliated under Taekwondo Malaysia (WTF)
5.	COMPETITION RULES	WT Competition Rules with approved modifications
6.	METHOD OF CONTEST	<p>POOMSAE EVENT (Maximum 800 Participant)</p> <ul style="list-style-type: none"> i) Novice A (Age 5-6) <u>CARNIVAL 4 BY 4</u> ii) Novice B (Age 7-8) <u>CARNIVAL 4 BY 4</u> iii) Super Cadet (Age 9-11) <u>CUT OFF -SYSTEM</u> iv) Cadet (Age 12 – 14) <u>CUT OFF -SYSTEM</u> v) Junior (Age 15-17) <u>CUT OFF -SYSTEM</u> vi) Senior 1 (Under 30) <u>CUT OFF -SYSTEM</u> vii) Senior 2 (Over 30) <u>CUT OFF -SYSTEM</u> <p>KYORUGI (Maximum 400 Participant) (SINGLE KNOCK-OUT ELIMINATION)</p> <ul style="list-style-type: none"> i) Super Cadet (Age 9-11) ii) Cadet (Age 12 – 14) iii) Junior (Age 15-17) <p>All categories will be on best of 3 rounds system. Each bout shall be ONE MINUTE with THIRTY SECONDS rest subject to the organizer’s discretion</p> <p>SPEED KICKING (CARNIVAL) (NO LIMIT)</p> <ul style="list-style-type: none"> i) Super Junior (Age 7-8) ii) Super Cadet (Age 9-11) iii) Cadet (Age 12 – 14) iv) Junior (Age 15-17)

7.	DISCIPLINE	All officials and participants should strictly observe the decorum of TM (WTF) and the rules & regulations of competition.
8.	CSB AND TECHNICAL OFFICIALS	CSB shall be appointed by Taekwondo Malaysia (WTF). All other technical officials to be appointed by PTGK
9.	AWARD PRESENTATIONS	Medals will be awarded to the winners of each category - 1 gold X 1 silver X 2 bronze medals.
10.	INDEMNITIES	<p>It shall be the responsibility of the participants and teams to have validly complete the participation forms, indemnifying Persatuan taekwondo Gabungan Negeri Kedah, the Sponsors, the Organizing Committee, its officials and other contestants from any claims of injuries, losses, fatal or otherwise, arising in the course of participation in these championships.</p> <p>All participants must have the consent form signed by their parents / guardians and the insurance cover note which must be submitted during the registration.</p> <p>It shall be the responsibility of the respective teams to ensure that participants and officials are covered with insurance coverage (the responsibility will be undertaken by their Own Club / Team Manager & Coach.</p>
11.	ACCOMMODATION	Participating teams must arrange their own accommodation.
12.	TRANSPORTATION	All transportation costs shall be by the respective participating teams.
13.	PARTICIPATION FEE	<p>Kyorugi (PSS) (Blue Belt And Above) RM 60 + Rm 20 (rental charges for Kyorugi PSS system per person c/w head gear, vest censor socks & tournament system)</p> <p>Poomsae RM 60.00 for Individual Event</p> <p>Speed Kicking RM 60.00</p> <p>BREAKFAST & LUNCH (HALAL) RM 20.00</p> <p>Payment can be made to: Bank: Public Bank Account Name: Persatuan Taekwondo Gabungan Negeri Kedah Account Number: 3069289130</p>

14.	PROTEST FEE	RM 200.00.
15.	ENTRIES CLOSING DATE	The closing date for entries will be at 5.00 pm on the 15 December 2024
16.	ENQUIRIES	For further information and enquiries, contact: i. Surendar Manikam – 016 431 5601

Weight Category

SUPER CADET (AGE 9 – 11)			
MALE		FEMALE	
FIN	BELOW 20 KG	FIN	BELOW 18 KG
FLY	20 KG – 23KG	FLY	18 KG – 21 KG
BANTAM	23 KG – 26 KG	BANTAM	21 KG – 24 KG
FEATHER	26 KG – 29 KG	FEATHER	24 KG – 27 KG
LIGHT	29 KG – 32 KG	LIGHT	27 KG – 30 KG
WELTER	32 KG – 36 KG	WELTER	30 KG – 34 KG
MIDDLE	36 KG – 40 KG	MIDDLE	34 KG – 38 KG
HEAVY	40 KG & ABOVE	HEAVY	38 KG & ABOVE

CADET (AGE: 12 – 14)			
MALE		FEMALE	
FIN	BELOW 33 KG	FIN	BELOW 29 KG
FLY	33 KG – 37 KG	FLY	29 KG – 33 KG
BANTAM	37 KG – 41 KG	BANTAM	33 KG – 37 KG
FEATHER	41 KG – 45 KG	FEATHER	37 KG – 41 KG
LIGHT	45 KG – 49 KG	LIGHT	41 KG – 44 KG
WELTER	49 KG – 53 KG	WELTER	44 KG – 47 KG
L / MIDDLE	53 KG – 57 KG	L / MIDDLE	47 KG – 51 KG
MIDDLE	57 KG – 61 KG	MIDDLE	51 KG – 55 KG
L / HEAVY	61 KG – 65 KG	L / HEAVY	55 KG – 59KG
HEAVY	65 KG & ABOVE	HEAVY	59 KG & ABOVE

JUNIOR (AGE:15 – 17)			
MALE		FEMALE	
FIN	BELOW 45 KG	FIN	BELOW 42KG
FLY	45KG – 48 KG	FLY	42KG – 44 KG
BANTAM	48 KG – 51 KG	BANTAM	44 KG – 46 KG
FEATHER	51 KG – 55 KG	FEATHER	46 KG – 49 KG
LIGHT	55 KG – 59 KG	LIGHT	49 KG – 52 KG
WELTER	59KG – 63KG	WELTER	52KG – 55KG
L / MIDDLE	63 KG – 68KG	L / MIDDLE	55 KG – 59 KG
MIDDLE	68 KG – 73 KG	MIDDLE	59 KG – 63 KG
L / HEAVY	73 KG – 78 KG	L / HEAVY	63KG – 68KG
HEAVY	78 KG & ABOVE	HEAVY	68KG & ABOVE

POOMSAE EVENT

CATEGORY: JUNIOR - 6 YEARS AND BELOW

NO	GRADE	POOMSAE
1	4 TAHUN ALL BELT	STATIONARY POSITION STANCES: CHUN BI MID-SECTION SINGLE & DOUBLE PUNCH LEG RAISING KICK/ CHOPPING KICK
2	5 TAHUN ALL BELT	STATIONARY POSITION STANCES: CHUN BI, KIMA SEOGI (HORSE RIDING) MID-SECTION SINGLE, DOUBLE & TRIPLE PUNCH HIGH BLOCK, LOW BLOCK FRONT KICK
3	6 TAHUN ALL BELT	STATIONARY POSITION STANCES: CHUN BI; KIMA SEOGI (HORSE RIDING) MID-SECTION SINGLE, DOUBLE & TRIPLE PUNCH HIGH BLOCK, LOW BLOCK FRONT KICK, TURNING KICK

CATEGORY: JUNIOR**7- 8 YEARS, 9 - 11 YEARS OLD, 12 - 14 YEARS OLD, 15 - 17 YEARS OLD**

NO	GRADE	POOMSAE
1	WHITE BELT	MOVE FORWARD: CHUN BI, KIMA SEOGI(Riding Stance), FORWARD STANCE (AP KUBI), FRONT KICK + PUNCH MOVE BACKWARD: HIGH BLOCK, OUTER BLOCK, LOWER BLOCK
2	YELLOW 1	TAEGUK 1
3	YELLOW 2	
4	GREEN 1	TAEGUK 3
5	GREEN 2	
6	BLUE 1	TAEGUK 5
7	BLUE 2	
8	RED 1	TAEGUK 7
9	RED 2	
10	POOM/ BLACK BELT	KORYO

KEDAH-OPEN CHAMPIONSHIP 2024 TM/WT
DATE: 21-22 December 2024 LOCATION: Arena of Sports / Lip Seang kor

Individual Participation Form

(Please Use CAPITAL LETTERS)

Name: _____

NRIC: _____ Date of Birth: _____ Age: _____ Years

Weight Category: _____ Sex: _____ Height: _____ cm Weight: _____ kg

State: _____

Present Grade/Dan/Poom: _____ TM ID: _____

Event: POOMSAE / KYORUGI / SPEED KICKING

Emergency Contact:

Name: _____ Relationship: _____

Telephone: _____ Email: _____

To be filled by Parents/Guardians

I am aware of the possibility of my son/daughter/ward being injured by taking part in the KEDAH-OPEN CHAMPIONSHIP 2024 TM/WT and I hereby undertake and agree that I will not attach any blame or bring civil proceedings against PTGK, the Organizing Committee, its officials, coaches, and other participants. I hereby confirm that I have duly read, understood and agree to the above-mentioned terms and conditions

Parent/Guardian

Witnessed by (Coach)

Name:

NRIC:

Relationship:

Date:

Name:

NRIC:

TM ID:

Date:

Please Photostat if Required